RECOGNIZING MONKEYPOX



Monkeypox can be transmitted through close physical contact (skin-to-skin), including intimate or sexual contact.



Close contact with:







contaminated objects

items such as towels, clothes, dishes, bed linen, sex toys, etc.

body fluids or large droplets during close (face-to-face) contact

longer contact is needed compared to COVID-19

period ranges from 5 to 21 days

The incubation

WHAT ARE THE SYMPTOMS



Fever or chills



Swollen lymph nodes



Strong headache



Muscle aches or backache



Fatigue or exhaustion

The rash (pimples or blisters) typically appears 1 to 3 days after initial symptoms.



Blisters can also appear on the palms of the hands, feet soles, inside the mouth, near the anus or on the genitals. It can also be a single blister.

Infection can be transmitted until the last scab heals

If you have symptoms or if you had close contact with the infected person, you should talk to your healthcare provider. If personal examination is necessary, cover the rash with clothing and wear a respirator when leaving home.